



bonfire

IGNITE YOUR HEALTH

Virtual Board of Trustees



Your Life Accounts

- Physical
- Spiritual
- Mental
- Vocational
- Financial
- Familial
- Social

Life Account

- _____
- _____
- _____
- _____
- _____
- _____
- _____

Advisor

- _____
- _____
- _____
- _____
- _____
- _____
- _____

These advisors serve as role models for choices, responses and behavior patterns. Reference these people mentally when faced with daily challenges.